

Pain free after buying Sleep Active bed

AFTER 18-months of relief in a Sleep Active® Memory Foam® bed, Joy Strydom said she has never felt better. Strydom had been suffering from neck pains and headaches for eight years before she decided to buy her custom-made Sleep Active® bed last year, "It was a nightmare to get into bed at night, I used to wake up at the crack of dawn with back and neck pains but now the pain has gone away," she said.

Strydom said she first bought a Sleep Active® overlay for her old worn out bed, and after realising the positive effect it had on her bed and sleep, she decided that she had to buy the full bed set to get the maximum benefit.

Strydom said she no longer has any pains and headaches, and claims she now looks forward to having a good night's rest as the bed is still as comfortable and supportive as when she first got it.

"What makes the Sleep Active® bed so amazing is that it has no springs, but various layers of quality foams, with the Memory Foam® conforming to your body as it shapes around you," Strydom said excitedly.

Strydom said she was grateful too for the wonderful service she had received. "The people at Sleep Active® are amazing, they really explain in detail the design and benefits of the bed; you leave the store feeling like you aren't buying just what the salesman has said but rather the quality of their goods," she explained.

Manager of the Sleep Active® Comfort Clinic™, Darryn-Lee Arends, said they own the trademark for Memory Foam® in South Africa, that all of their beds are hand-made to each customer's requirement, as far as feel, colour, size and design are concerned, and that their products carry substantial guarantees and warranties.

Arends said, "The public are often misled in

their attempts to purchase beds, and we know that beds are often purchased on price only, as a mere piece of furniture, whilst the comfort and needs of the human body were often not even considered. By conforming to the shape and weight of the body with zero upward pressure, our mattresses allow for optimum pressure distribution, reduced tossing and turning, and improved circulation." Memory Foam® is also hypo-allergenic and dust mite resistant, said Arends.

Many medical practitioners recommend Sleep Active® products to their patients, whilst several of the clients from Sleep Active® such as Strydom, also fully recommend the brand.

"I am moving to a new house shortly and I intend to buy the premium Sleep Active® Ultimate bed for my bedroom and placing my current bed in my spare room. This is an amazing investment for anyone who wants to wake up feeling refreshed, and it lasts a long time," said Strydom.

Arends said Sleep Active® beds and products are recommended for people who suffer

from head, neck, shoulder, spine, back and hip pains. "We have just launched our new Bamboo material on our mid-and premium-ranges and a new range of beds, to coincide with the launch of our 6 Weeks of Christmas Promotion, so we are looking forward to assisting people throughout our Region in getting a better night's sleep. Just pop in to see us."

For more information on the Sleep Active® range of products, contact the Sleep Active® Comfort Clinic™ on 041 811 8550 or e-mail pe@sleepactive.co.za or visit their website at www.sleepactive.co.za or simply call on them at shop number M14 at the Moffet on Main Lifestyle Centre, corner of Walmer Main Road and 17th Avenue, Walmer, to try these products for yourself.



Joy Strydom.